

E11

SUMMER ACTIVITIES & EVENTS FOR FAMILIES

THE
WEEK 4 FOCUS

SUMMER 2021 EDITION 4



THE GREAT OUTDOORS

Hey there and welcome to Edition 4!

One of my favourite things about Leytonstone is the fact that it is surrounded by beautiful green spaces. Wanstead Flats, Wanstead Park, Leyton Flats, Hollow Ponds etc provide families with an endless supply of free fun for all ages whatever the season. So on those days when there are no activities that tickle your fancy (or if the kids decided sleep was for wimps and a 10am class isn't going to happen because there's no way you'd have downed enough coffee by then) why not explore a new section of green?

I've included a few more outdoor activities "with a difference" than usual in this week's edition and because I'm busy enjoying the great outdoors myself it'll be a bit more of a "streamlined" edition too.

As always, please check with the organisers/venues before heading over. If you have any feedback, suggestions, events to add or just want to hear more about Little Sing Song feel free to get in touch on danie@littlesingsong.com or visit www.littlesingsong.com.

Have fun and stay safe x

WEEK 4

16 - 22 AUGUST

Under 5s Play sessions, Monday - Friday, 10-11.30am
Leytonstone Toy Library & Play Centre, Langthorne Park
£5 parent/carer and child (£1 low income) [Book here](#)

"Summer of Disney" Free Film Screenings, The Rookwood Village, Cann Hall Road
This Week, 3-6pm:
16 August - Aladdin
17 August - Frozen
18 August - Despicable Me

Kids Eat For £1 with an adult main course. 12-6 pm, Monday to Friday. Max 1 Child per 1 Adult, [Book here](#)

16 Monday

10.00 -11.30am, Face to Face, Play Session (under 5s), The Junction, 2-4 Cann Hall Road, Free, [Register](#)

10.30am and 12pm (1hr slots) Paper Craft Workshop (5+), Art Star, Juno, [Book here](#)

17 Tuesday

8.30-10am, Fellowship Square Mindfulness Events: Nature & Art, Fellowship Square (5+)

10-11.30, Face:Face, You and Your New Baby, For adults of pre-crawlers living in Leytonstone to share parenting experiences and meet others, The Junction, 2-4 Cann Hall Road, Free, [Register](#)

Kids Clay club (5+), Creative Biscuit Ceramics Cafe, South Woodford, [More info](#), Reserve via email@creativebiscuit.co.uk

10-4pm, Ellie's Summer Fun, Lion King Instant Choirs, Exchange Ilford, Free, [Book your slot \(11.30, 12.30 or 2pm\) here](#)

11-11.45, Little Crafters Story Crafters (Age 2-7) £7 (some activities suitable for age 1-2) £3, Prospect Hall, Woodford Green, IG8 7NA, [Book here](#)

18 Wednesday

10-11, Chit-Chat Pitter-Pat, Leytonstone Library, Drop in

11am, Pony Rides, Aldersbrook Riding School £4 for one lap, £10 for 3 laps, [More info](#)

10.30- 11.30 and 2-3pm, Bird Box Making, Free, Book by emailing victoriapark@towerhamlets.gov.uk.

11-11.45, Little Crafters Story Crafters (Age 2-7) £7 (some activities suitable for age 1-2) £3, Prospect Hall, Woodford Green, IG8 7NA, [Book here](#)



WEEK 4

19 Thursday

9.30 and 10.25, Musical Miniatures, Leytonstone Methodist Church, Lister Road, Pre-book to avoid disappointment [here](#)

11-12pm, Meet the Ponies (under 6s), Aldersbrook Riding School, £15, [More info](#)

20 Friday

10-4pm, Captain Calamity, Exchange Ilford, [More info](#)

11.00am, Stories & Music (Under 5s), The Junction, 2-4 Cann Hall Road, Free, [Registration required](#)

12-2pm Fellowship Square Mindfulness Events: Recycled Crafts, Fellowship Square (5+)

6pm, The Falcon's Flight, Immersive outdoor play about an Anglo Saxon princess, Epping Forest, Waltham Abbey, £10-12, [Book here](#)

21 Saturday

10am-11.55pm, Relief - Music, Mindfulness & Wellbeing Festival, Venues throughout Leytonstone including Henry Reynolds Gardens, St John's Church, Langthorne Park, Jubilee Gardens as well as pubs and empty shops. The full programme will be announced [here](#) on Monday 16 August

10-11.30 and 12-1.30pm, Herbs for Free, How to make cuttings, divide up and look after supermarket-bought herbs to make them live longer. Free, Book by emailing victoriapark@towerhamlets.gov.uk

12-2pm, Fellowship Square Mindfulness Events: Recycled Crafts, Fellowship Square (5+)

2-3pm, Recycle with Us (Age 4+), Leytonstone Library, Free, Book at the library, [More info](#)

2pm and 6pm, The Falcon's Flight, Immersive outdoor play about an Anglo Saxon princess, Epping Forest, Waltham Abbey, £10-12, [Book here](#)

4pm - 6pm, Film Club (Children), Leytonstone Library, Free, [Register](#)

22 Sunday

10-12pm, Wildlife Walk, Victoria Park, Free, [Book here](#)

2pm and 6pm, The Falcon's Flight, Immersive outdoor play about an Anglo Saxon princess, Epping Forest, Waltham Abbey, £10-12, [Book here](#)



BEYOND



Summer Special

Siblings welcome!

Monday 23 August

9.45 @ The Sea Scouts Hut
(Ideal for under 1s)

A sing song party of favourite songs

[Book here](#)

11.15 @ The Rookwood Village
(Ideal for over 1s and siblings)

3 local mums will be joining forces to provide a musical and crafty treat for you and your family...

[Book here](#)

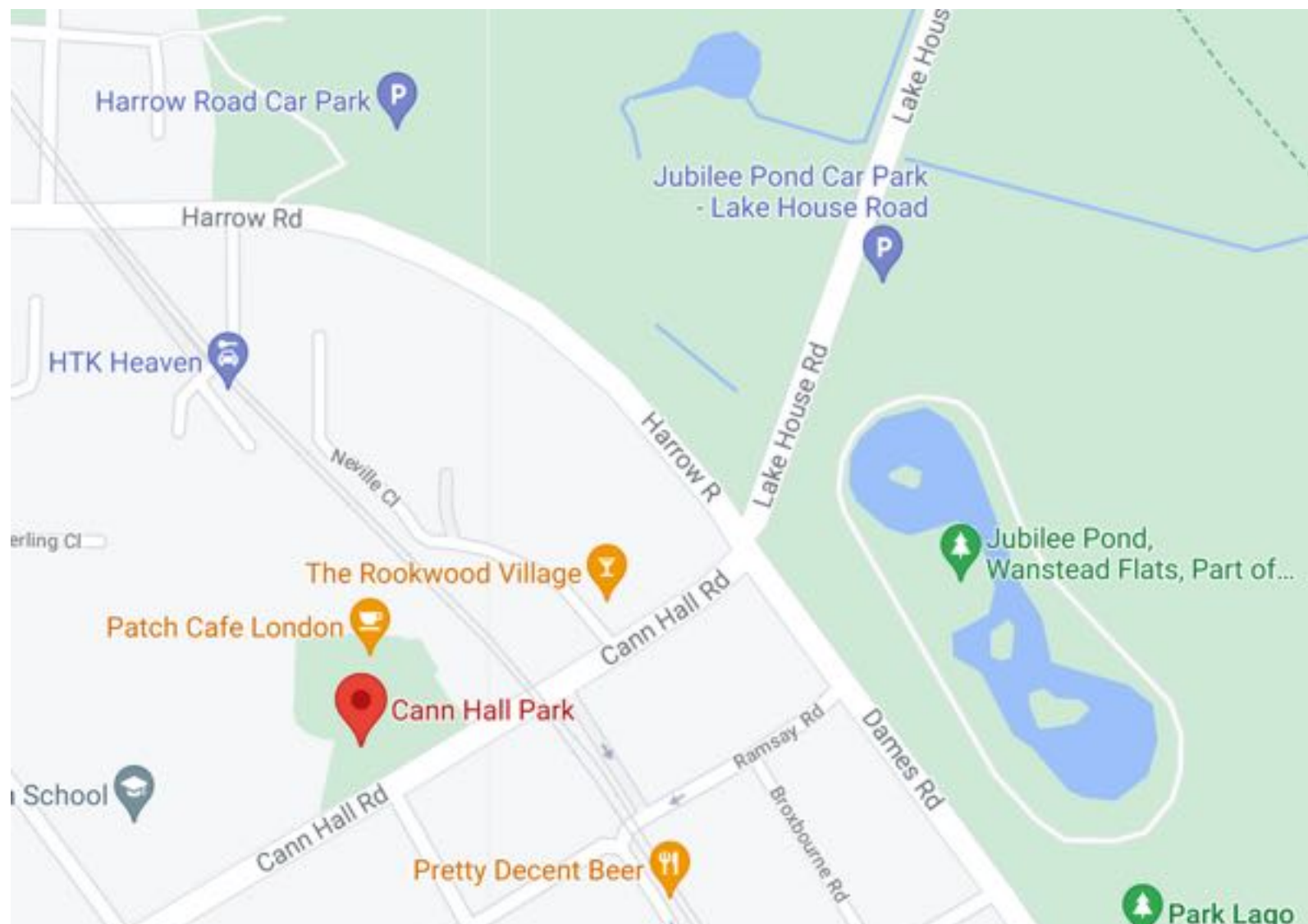


Thursday 19th August, 9.30 and 10.25am

Leytonstone Methodist Church,
Lister Road, E11

[Pre-book here to avoid disappointment - drop in and flexi pass available](#)

PARK SPOTLIGHT



Cann Hall Park

There's something for all ages at this recently updated park. Swings for the babies and toddlers, a zip-line for the kids and a skatepark for the ultra cool kids (big and small). With yummy food and drink at Patch situated within the park, this is one of the best parks in the area.

I also like that you have a few other local gems within a short walk. A family favourite since the brother and sister duo took over the Lakehouse Cafe a couple of years back is the Lakehouse Hungarian Restaurant. The photo above is from a recent visit where we tried our first ever chimney rolls (pretty and pretty tasty!).

You've also got a couple of pubs serving decent grub, The Rookwood Village and the Holly Tree, as well as the Wild Goose Bakery, sister bakery to the one we all know on the High Rd.

Eateries aside, Cann Hall Park is close to lots of other great outdoor spots include the Jubilee Ponds where you can feed the ducks and the Leytonstone Wetlands. Spoilt for choice!

Catch you soon(ish),

Danie x

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